

## HISTORY OF THE DEVELOPMENT OF FOOTBALL IN UZBEKISTAN

Otaqulov Ergashjon Abubakir ugli

Navoi State Pedagogical Institute

"Physical Culture" faculty women's direction 2 Course student

**Annotation:** This article explores and analyzes the history and stages of the development of football in Uzbekistan.

**Keywords:** Football, soccer field, learning stages.

---

### Introduction

Last in our republic popularization of physical education and sports in years, promoting a healthy lifestyle among the population, the creation of the necessary conditions for the physical rehabilitation of persons with limited opportunities and worthy in the country's international sports fields consistent measures are being taken to ensure participation. The President Sh.Mirziyoev on January 24, 2020 "Physical education in the Republic of Uzbekistan and in the decree" on measures to further improve and popularize sports " PF-5924 which serve as a programmatic action for both the field tasks set.

At the same time, those who promote the strengthening of the health of the population in the field of physical education and sports introduction of specific programs into practice, youth wide involvement in sports and talented among them athlete sorting, by sport formation of national teams with skilled athletes who provide high results and create additional conditions for coaches there is a need.

In order to form a fully mature and physically healthy person with a high culture in the country, physical education and education of the population setting priorities aimed at gaining skills and knowledge in the field of sports, talented special to the introduction of innovative forms and methods into the process of selection (selection) of athletes attention is paid [1].

One based on the principles of continuity and constancy held for several years, in world practice system for holding sports games without analogues, first of all, a healthy life to the mind of every age to instill the principles of the style, to the process of stage competitions, where young people are held throughout the year forced and varied through mass attraction interest in sports, as well as in them every the natural need for daily sports activities aimed at formation. The main task of the decree is to provide physical education and sports among children implementation of public policy in the field of development helping to increase, in the growing younger generation to arouse interest in sports, to make young people different protection against harmful influences is considered to educate them in the spirit of patriotism.

Development of children's sports in Uzbekistan giving its results. In particular, in 2010 National Under-16 football team of our country Was the silver medalist of the Asian Championships, one a year later, Mexico qualified under-17 players at the World Cup

between the youth of our country was part of eight strong teams. Under-16 Junior Asia in 2012 players of the national team of our country in the Championship, national Under-23 football team in 2018 our team became Asian Champions.

Development of mass sports in our country and what is being done in terms of popularization as a result of the works, there was an opportunity to achieve such tremendous achievements. Of Tashkent small size with artificial coating in each district soccer fields were built. The advantage of such squares is that they are the street of urban buildings located in the territory and close to the habitat. Children living on the ground to get to the place of training they do not travel long and do not waste their time. The dominant aspect of such fields is again that, it has year-round training and competitions can. For example, Mirzo Ulugbek of Tashkent City more than 40 such playgrounds in the district built on the basis of approved rules mini-football training sessions as well as 5x5, 6x6 competitions are held.

Children's mini-football in the neighborhoods not only it will delight children, but also parents, and state support. Similar thanks to the competitions, the specialists are young players specialized children-youth sports schools (IBOSM), football academies and skilled selection to the preparatory groups of their teams can sort their work i.e.

It turns out that the mini-football game in the neighborhoods is of great importance for teenagers in personal terms. In the game, children manifest themselves accidentally. Running from behind the ball, to score on the opposing goal aspiring, children develop their own physical and psychological qualities. The ball to each other by exaggerating and deceiving an opponent with the fints, they have coordination abilities and team interaction in the game sensations such as falling one in the movements develop. Therefore, playing football children rejoice (this is noted in the survey). Game highly interesting for them (9.5+2.03), in second place in the team in terms of Game importance in adolescents personal in their relationship with partners the feeling of satisfaction stands (9.25+1.25), third in the over, the player plays in the game from their game itself satisfaction stands.

Of high importance to examiners questions that these children are satisfied with their success in school (7.50+2.11), interact with the coach relationships (8.42+1.69), in sports (8.37+1.90) and for school achievement (8.15+1.99 desire to receive awards, to become champions in football aspirations (7.72+2.40), rated at self-relevance before games (6.90 + 2.02). Their football coach for young players the desire to be (6.20+2.98), as well as the desire to be a popular player (6.95+2.82) is of moderate importance earned.

So, mini-football training children and natural to the active play communication of adolescents meet your needs and mass wellness not only are they a tool that makes the younger generation physically and also successfully solves the tasks of spiritual upbringing. In place of the conclusion, it can be said that the transferred surveys and observations of children's mini-football games in the neighborhoods showed, winning goals scored for young athletes not an account, but the emotional psyche of the game and the attractiveness of the game is the main value. This is the mobility of the game, the motor density and the first in the queue, the attention function as well as the high load that falls on the intellectual activity are very important.

Mini-football in the neighborhoods is such a game that not a separate technique and tactics on the ground, but an athlete the different limits of preparation are a whole aggregate. In addition, neighborhood mini-football is it is a progressive way and means of teaching children to have active cultural recreation. Children while playing under football rules begin to master the concepts and qualifications of interaction in sports, respect each other they get used to doing. For every athlete, of course victory success in the game is important, but society for the wellness of children through sports, physical development is more important.

Children, while playing neighborhood mini-football Olympic sport in a single language of competition rules agree with the type. They gave famous players they want it to imitate, and some are different in the eyes of breeders in sports clubs become a star.

#### References:

1. According to the president of the Republic of Uzbekistan, " further improvement of physical education and sports in the Republic of Uzbekistan and on popularization measures " as of January 24, 2020 Decree PF-5924.
2. President of the Republic of Uzbekistan "measures to bring the development of football in Uzbekistan to a completely new level on " Decree of December 4, 2019 PF-5887 no.
3. Akhmatov M.S. Nasionalnaya sistema formirovaniya fizicheskix I intellectualnix resursov uchatsheysya molodyoji Uzbekistana. // Science-to-sport, 2012, No. 4, S. 12-19.